



RÉSEAU
pour la stratégie urbaine
de la communauté
autochtone à Montréal

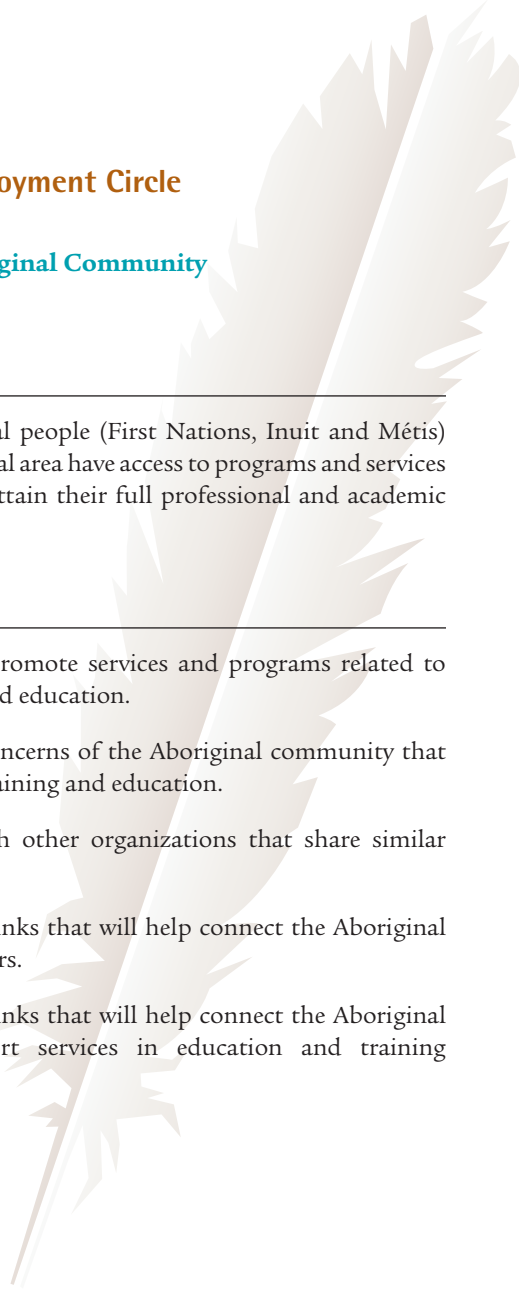
Montreal
Urban Aboriginal
Community Strategy
NETWORK

MONTREAL ABORIGINAL Reference Guide

Empowering through employability,
training and education!

Created by the
EDUCATION AND EMPLOYMENT CIRCLE
of the
MONTREAL URBAN ABORIGINAL COMMUNITY
STRATEGY NETWORK

2015 EDITION



Education and Employment Circle of the Montreal Urban Aboriginal Community Strategy NETWORK

MISSION

Ensure that all Aboriginal people (First Nations, Inuit and Métis) within the greater Montreal area have access to programs and services that will allow them to attain their full professional and academic potential.

OBJECTIVES

Share information and promote services and programs related to employability, training and education.

Address the needs and concerns of the Aboriginal community that relate to employability, training and education.

Work collaboratively with other organizations that share similar objectives.

Create opportunities or links that will help connect the Aboriginal community with employers.

Create opportunities or links that will help connect the Aboriginal community with support services in education and training institutions.





**BIENVENUE ! MINOPIJAK ! TSHIMA MINU-TAKUSHININ ! TUNNGASUGITSI !
PJILA'SI ! WACHIYA ! WA'TKWANONHWERA:TON ! WELCOME !**

This Montreal Urban Aboriginal Reference Guide was created by the Education and Employment Circle of the Montreal Urban Aboriginal Community Strategy Network (NETWORK) in partnership with the First Nations Human Resources Development Commission of Québec.

The Education and Employment Circle's vision is to empower the Aboriginal community in Montreal through education, training and employment. The creation of this reference guide aims to help Aboriginals recently arrived find the appropriate services and programs that will meet their needs. Whether you are to Montreal or not, this guide provides information you will need to get started on your path to advancing your education, acquiring more skills and finding a job.

This guide will also serve as a reference manual for frontline workers in the field who serve Aboriginal people.

According to Statistics Canada in 2011, there were 26,285 people who identified as Aboriginal in the Montreal region. The NETWORK wants to improve the quality of life for Aboriginal people in this city by bringing together all stakeholders to share information and work together in providing more opportunities for the Aboriginal community.

We want to give a special thanks to all who contributed to the creation of this guide.

To obtain copies of the Montreal Urban Aboriginal Reference Guide, please call (514) 283-0901.



TABLE OF CONTENTS

SERVICES AND PROGRAMS 1

Aboriginal Organizations. 1

Para Public and Governmental Services. 5

Public Transportation Services 7

Apartment Hunting Tips 9

Finding daycare centres in the city 10

Employment and Training Services of the
First Nations Communities of Quebec. 11

TRAINING AND EDUCATION 13

School Boards (Adult Education Centres and Vocational
Training Centres). 13

Collegial Studies 18

University Studies 20

Financial Assistance Options 21

EMPLOYMENT AND JOB SEARCH 22

Service Canada Centers. 22

How to build your CV 22

How to write a cover letter. 23

How to prepare for an interview. 23

Your rights at work. 24

Web Sites on Employment – Training – Education 26

SERVICES AND PROGRAMS

Aboriginal Organizations

Aboriginal Peoples Television Network

1819 René-Levesque Blvd. East
Suite 300
Montreal, Quebec H2H 2P5
Telephone: (514) 554-6124
www.aptn.ca

Acosys Consulting

100 Alexis Nihon Blvd., suite 591
Montreal, Quebec H4M 2P1
Telephone: (514) 744-9433
www.acosysconsulting.com

Air Inuit

6005 Côte-Vertu Blvd.
Montreal, Quebec H4S 0B1
Telephone: (514) 905-9445
Toll-free: 1-800-361-5933
www.airinuit.com

Association of Montreal Inuit

1111 Dr. Frederik-Philips Blvd
3rd floor
St-Laurent, Quebec H4M 2X6
Telephone: (514) 745-8880
Toll-free: 1-800-361-7052
www.makivik.org

Avataq Cultural Institute Inc.

4150 Ste-Catherine West, suite 360
Westmount, Quebec H3Z 2Y5
Telephone: (514) 989-9031
Toll-free: 1-800-361-5029
www.avataq.qc.ca

Beesum Communications

4529 Clark Street, suite 403
Montreal, Quebec H2T 2T3
Telephone: (514) 272-3077
www.beesum-communications.com

Canadian Executive Service Organization For Aboriginal Services

1001 Sherbrooke East
Suite 500
Montreal, Quebec H2L 1L3
Telephone: (514) 875-7226
Toll-free: 1-800-268-9052
www.ceso-saco.com

CBC Northern Services

1400 René-Lévesque East Blvd.
Suite A46-60
Montreal, Quebec H2L 2M2
Telephone: 1-877-597-4369
www.cbc.ca/north

Centre Wampum

2001 St-Laurent Blvd.
Montreal, Quebec H2X 2T3
Telephone: (514) 499-1854
ext. 2244

Cercle des Premières Nations de l'Université du Québec à Montréal

320 Ste-Catherine East
3rd Floor, local DS-3223
Montreal, Quebec H3C 3P8
Telephone: (514) 987-3000 ext. 6793
www.cpn.uqam.ca

Concordia University Aboriginal Student Resource Centre

1455 De Maisonneuve Blvd. West
H-641
Montreal, Quebec H3G 1M8
Telephone: (514) 848-2424, ext. 7327
www.concordia.ca/campus-life/aboriginal

Cree Board of Health and Social Services of James Bay

277 Duke, suite 201
Montreal, Quebec H3C 2M2
Telephone: (514) 861-2352
www.creehealth.org

Cree Construction and Development Company

3983 Lite Blvd.
Laval, Quebec H7E 1A3
Telephone: (450) 661-1102
www.cccd.qc.ca

Cree Patient Services

1610 Ste-Catherine West
Suite 400
Montreal, Quebec H3H 2S2
Telephone: (514) 989-1393
www.creehealth.org

Cree Regional Authority Grand Council of the Crees

277 Duke Street, suite 100
Montreal, Quebec H3C 2M2
Telephone: (514) 861-5837
www.gcc.ca

Cree School Board

1440 Ste-Catherine West, suite 400
Montreal, Quebec H3G 1R8
Telephone: (514) 846-1155
Toll-free: 1-800-463-7402
www.cscree.qc.ca
www.csbpostsecondary.ca

DestiNATIONS Carrefour International des Arts et Cultures des Peuples autochtones

Telephone: (438) 931-6337

First Nations Adult Education School Council

Kahnawake (Quebec) J0L 1B0
Telephone: (450) 638-4171

First Nations and Inuit Suicide Prevention Association of Quebec & Labrador

3177 St-Jacques West, suite 302
Montreal, Quebec H4C 1G7
Telephone: (514) 933-6066
Toll-free: 1-866-933-6066
www.dialogue-for-life.com

First Nations Botanical Gardens

4101 Sherbrooke Street East
Montreal, Quebec H1X 2B2
Telephone: (514) 872-9613
espacepourlavie.ca/en/first-nations-garden

First Nations Regional Adult Education Center

P.O. Box 1679
Kahnawake, Quebec J0L 1B0
Telephone: (450) 635-6352

FNHRDCQ - Urban Service Centre of Montreal

1117 Ste-Catherine West
Suite 720
Montreal, Quebec H3B 1H9
Telephone: (514) 283-0901
Toll-free: 1-855-483-7142
www.employnations.com

Habitat Métis du Nord Corporation Waskahegen

3455 Robert-Chevalier, suite 218
Pointe-aux-Trembles, QC H1A 3R7
Telephone: (514) 527-4884
Or (514) 527-5454
www.waskahegen.com



**John Abbott College --
Aboriginal Student Resource
Centre**

275 Lakeshore Street, suite 21
Room H-417
Sainte-Anne-de-Bellevue, Quebec
H9X 3L9
Telephone: (514) 457-6610 ext. 5824
www.johnabbott.qc.ca

**Kativik Post Secondary Student
Services**

19 Maple Street
Ste-Anne-de-Bellevue, Quebec
H9X 2E5
Telephone: (514) 457-1178
www.kativik.qc.ca

Kativik School Board

9800 Cavendish Blvd., suite 400
St-Laurent, Quebec H4M 2V9
Telephone: (514) 482-8220
www.kativik.qc.ca

**La fédération des Coopératives
du Nouveau Québec**

19950 Clark Graham Avenue
Baie D'Urfé, Quebec H9X 3R8
Telephone: (514) 457-9371 ext. 389
Toll-free: 1-800-363-7610
www.fcnq.ca

Land in Sights

6865 Christophe-Colomb
Suite 102
Montreal, Quebec H2S 2H3
Telephone: (514) 278-4040
www.nativelynx.qc.ca

Makivik Corporation

1111 Dr. Frederik-Philips Blvd.
3rd Floor
St-Laurent, Quebec H4M 2X6
Telephone: (514) 745-8880
Toll-free: 1-800-361-7052
www.makivik.org

Mamit Innuat Patient Services

1410 Stanley Street, suite 414
Montreal, Quebec H3A 1P8
Telephone: (514) 844-7090
www.mamit-innuat.com

**McGill University – First
Nations and Inuit Education**

3700 McTavish Street, suite 244
Montreal, Quebec H3A 1Y2
Telephone: (514) 398-4533
www.mcgill.ca/dise/fnie

**McGill University – First
Peoples' House**

3505 Peel Street
Montreal, Quebec H3A 1W7
Telephone: (514) 398-3217
www.mcgill.ca/fph/

Native Montreal

2306 Sherbrooke Street East
Suite 1
Montreal, Quebec H2K 1E5
Telephone : (514) 331-6587
www.nativemontreal.com

**Montreal Urban Aboriginal
Community Strategy
NETWORK**

801 Brennan Street, 5th Floor
Suite 5151.04
Pavillon Duke-Côté Nord
Montreal, Quebec H3C 0G4
Telephone : (514) 872-9897
www.reseaumtlnetwork.com

Mushkeg Media Inc.

103 Villeneuve Street West
Montreal, Quebec H2T 2R6
Telephone: (514) 279-3507
www.mushkeg.ca

Native Friendship Centre of Montreal

2001 St. Laurent Blvd.
Montreal, Quebec H2X 2T3
Telephone: (514) 499-1854
www.nfcm.org

Native Para-Judicial Services of Quebec

P.O. Box 2143
Kahnawake, Quebec J0L 1B0
Telephone : (514) 499-1854
www.spaq.qc.ca

Native Women's Shelter of Montreal

P.O. Box 183
Station Saint-Jacques
Montreal, Quebec H3C 2S1
Telephone: (514) 933-4688
Toll-free: 1-866-403-4688
www.nwsm.info

Northern Quebec Module

4039 Tupper Road, suite 7
Westmount, Quebec H3Z 1T5
Telephone: (514) 932-9047
www.inuulitsivik.ca

Nutaaq Media Inc.

105 Villeneuve West
Montreal, Quebec H2T 2R6
Telephone: (514) 279-3507
www.nutaaq.com

Onen'to:kon Treatment Services Montreal Office

3177 St-Jacques West
3rd floor, suite 302
Montreal, Quebec H4C 1G7
Telephone: (514) 281-8456
Or (450) 479-8353
www.onentokon.com

Production Ondinnok Inc. (Les)

2025 Parthenais, suite 306
Montreal (Quebec) H2K 1V9
Telephone: (514) 593-1990
www.ondinnok.org

Projets Autochtones du Québec

90 De La Gauchetière Street East
Montreal, Quebec H2X 1P5
Telephone: (514) 879-3310

Qikiqtaaluk Environmental

9935 De Catania Avenue
Entrance 1, suite 200
Brossard, Quebec J4Z 3V4
Telephone: (514) 940-3332
www.qenv.ca

Quebec Native Women Inc.

Business Complex River Road
Suite 118
P.O. Box 1989
Kahnawake, Quebec J0L 1B0
Telephone: (450) 632-0088
www.faq-qnw.org

Rezolution Pictures

440 Villeneuve Street West
Outremont, Quebec H2V 2R5
Telephone: (514) 272-8241
www.rezolutionpictures.com

Rising Sun Child Care Centre

600 Desmarchais Avenue
Verdun, Quebec H4H 1S6
Telephone: (514) 769-9355
www.cperisingsun.ca

Taqramiut Nipingat Inc.

455 Fenelon Blvd., suite 107
Dorval, Quebec H9S 5T8
Telephone: (514) 636-0999
www.tni-rtn.com





Tasiutigii: Association for Cross-Cultural Families of Inuit and Native Children

11 Nicholas Road
Kanesatake, Quebec J0N 1E0
Telephone: (450) 479-6827
www.meetup.com/Tasiutigii/

Wapikoni Mobile

400 Atlantic, suite 101
Montreal, Quebec H2V 1A5
Telephone: (514) 276-9274
www.wapikoni.ca

Waseskun Healing Centre

1 Waseskun Street
P.O. Box 1159
St-Alphonse-Rodriguez, Quebec
J0K 1W0
Telephone: (450) 883-2034
www.waseskun.net

**Women's Centre of Montreal
Aboriginal Services**

3585 St-Urbain Street
Montreal, Quebec H2X 2N6
Telephone: (514) 842-4780 ext. 2333
www.centredesfemmesdemtl.org

**Para-public and
Governmental Services**

**Aboriginal Affairs and
Northern Development Canada**

Terrasses de la Chaudière
10 Wellington Street, North Tower
Gatineau, Quebec K1A 0H4
Toll free: 1-800-567-9604
www.aadnc-aandc.gc.ca

Services: To obtain Certificate of Indian Status Card and information on services and programs for Inuit, Metis and First Nations.

**Batshaw Youth and Family
Centre**

5 Weredale Park Street
Westmount, Quebec H3Z 1Y5
Telephone: (514) 989-1885
www.batshaw.qc.ca

Services: To obtain information on Child and Youth intervention & protection.

**Canada Pension Plan
Old Age Security**

Complexe Guy-Favreau, suite 034
200, René-Lévesque Blvd. West
Montreal, Quebec H2Z 1X4
Toll-Free: 1-800-O-Canada
1-800-277-9915

<http://www.servicecanada.gc.ca>

Services: To access your Old Age Security and/or Canadian Pension Plan

Child Assistance (Family Benefits)

Montreal Region (514) 864-3873
Toll-Free: 1-800-667-9625

www.rrq.gouv.qc.ca

Services: Information on programs and benefits eligibility for children and family

Commission des droits de la personne et des droits de la jeunesse

360 Saint-Jacques, 2nd Floor
Montreal, Quebec H2Y 1P5
Telephone: (514) 873-5146
Toll-Free: 1-800-361-6477

www.cdpcj.qc.ca

Services: To obtain information on the Charter of Human Rights and Freedoms and file a complaint if needed.

Directeur de l'État Civil

2050 Bleury Street
Montreal, Quebec
Telephone: (514) 644-4545

www.etatcivil.gouv.qc.ca

Services: To obtain birth certificates, marriage, civil union and death certificates

Federal Income Tax

305 René Lévesque Blvd. West
Montreal, Quebec H2Z 1A6
Toll-Free: 1-800-959-7383

www.cra-arc.gc.ca/autochtones/

Services: Information on benefits and requirements for tax return with the Canada Revenue Agency

First Nations and Inuit Health Branch / Quebec Region

Complexe Guy-Favreau
200 René-Lévesque Blvd. West
East Tower, 2nd floor
Montreal, Quebec H2Z 1X4
Telephone: (514) 283-4774
Toll Free: 1-866-225-0709

www.hc-sc.gc.ca

Services: To obtain information on health benefits program

Information and Referral Centre of Greater Montreal

3155 Hochelaga Street, suite 101
Montreal, Quebec H1W 1G4
Telephone: (514) 527-1375

www.info-reference.qc.ca

Services: Information on community resources in terms of social security, health, employment, welfare, and recreation.

Ministère de l'Éducation, du Loisir et du Sport du Québec

Services à la clientèle
1035 De La Chevrotière, 28th floor
Quebec (Quebec) G1R 5A5
Telephone : 1-866-747-6561

www.mels.gouv.qc.ca

Services: To obtain your last school transcript, or diploma. To find a school or general information on education.

National Pardon Centre

2000 Peel Street, suite 650
Montreal, Quebec H3A 2W5
Telephone: (514) 842-2411

www.nationalpardon.org

Services: Help individuals that have criminal record to obtain a pardon.

Provincial Income Tax

Complexe Desjardins
North Tour - basilaire 1
150 Ste-Catherine West
Montreal, Quebec H2X 3Y2
Telephone: (514) 864-6299
Toll Free: 1-866-267-6299

www.revenuquebec.ca

Services: Information on benefits and requirements for tax return with the Revenu Quebec Agency

Régie de l'assurance maladie du Québec

425 de Maisonneuve Blvd. West
3rd Floor, suite 301
Montreal, Quebec H3A 3G5
Telephone: (514) 864-3411

www.ramq.gouv.qc.ca

Services: To obtain Health Insurance Card

Public Transportation Services

Agence Métropolitaine de Transport (AMT) – Train

Telephone: (514) 287-8726
www.amt.qc.ca

Bicycle Rental (BIXI)

Telephone: (514) 789-2494
www.montreal.bixi.com

Réseau de transport de Longueuil (RTL)

Telephone: (450) 463-0131
www.rtl-longueuil.qc.ca

Société de Transport de Laval (STL)

Telephone: (450) 688-6520
www.stl.laval.qc.ca

Société de Transport de Montréal (STM)

Telephone: (514) 786-4636
www.stm.info

Map of Montreal Metro



Apartment Hunting Tips

To settle down in a new city, it's important to have a comfortable and safe place to live and it might take some research to find the right apartment for you. You can check *the Mirror*, *Hour*, *Ici*, and *Voir* which are free community newspapers that have extensive rental listings in the classifieds section. You can find them at many metro stations, cafés, and stores. Don't forget to walk around desired neighborhoods as many landlords only advertise by putting up a sign in the window. You can also find apartment listings on the following websites: www.craigslist.ca, www.kijiji.ca, www.lespac.com, and www.toutmontreal.com.

Some points to consider when searching for an apartment:

- How many rooms does it include?
- How much is the monthly rent?
- Are heat/hot water/electricity included in the rent?
- Does it include a fridge/stove?
- Is there a laundry room in the building, or a nearby laundromat?
- Do they allow pets?
- Is smoking allowed?
- Is the apartment well maintained?
- Is the landlord professional? Follow your instincts.
- Is there sufficient storage space?
- Is there nearby public transportation? Is it frequent?

The key is to figure out what you are willing to live with and what you will not tolerate.

To rent an apartment, you must sign a lease. This is a contract between you and the landlord and will determine how much you will pay for rent and if anything is included such as heat/hot water/electricity or furniture. Check with the Régie du logement du Québec, www.rdl.gouv.qc.ca, for more information on signing a lease and your rights as a tenant.

Consult the following web sites for further information on tenants rights and subsidized housing:

Canadian Mortgage and Housing Corporation
www.cmhc-schl.gc.ca

Directory of community services of greater Montreal
www.info-reference.qc.ca

Le regroupement d'organismes du Montréal ethnique pour le logement
www.romel-montreal.ca

Office municipal d'habitation de Montréal
www.omhm.qc.ca

Société d'habitation du Québec
www.habitation.gouv.qc.ca

Waskahegen – Habitat métis du Nord
www.waskahegen.com

Good search!



Finding daycare centres in the city

Here is what you need to know to register your child at a **childcare centre**:

- You will need to put your name on a waiting list. This should be done when you are still pregnant or when your child is a newborn. You can do this online or by telephone.
- **www.laplace0-5.com** offers a single point of access for registration where you can sign up for multiple waiting lists at once.
- You can find more CPEs, private daycares and home daycares around your neighbourhood at **www.magarderie.com**, and **www.mfa.gouv.qc.ca**
- Make sure you have the following documents: your child's original birth certificate, Medicare card, and vaccination booklet, as well as proof of Canadian citizenship for at least one parent (Indian Status card, birth certificate, passport, citizenship card, or permanent resident card).

Information regarding fees:

- Regular fee for subsidized daycares is \$7.30 per day.
- If you can provide proof that you are receiving social security benefits, the fee is \$3.65 per day (in subsidized CPEs only).

- If you can provide proof that your child is either followed by a professional from the CLSC, youth protection, or has special needs and care in a hospital, the Quebec government will not charge you for daycare fees. You may still be asked to pay a small fee each week for hygiene items.
- If you are a student or participating in a training program, check with your band office, school board or sponsoring organization to see if you are eligible to receive a subsidy to cover childcare fees.

Useful information for school-aged children:

All public elementary schools are required to provide care for children between 7:00 am and 6:00 pm and at lunchtime. You will be charged \$7.30 per day for this service. Procedure is similar to registering for a childcare centre.

During the summer:

You can enrol your child in a day camp. Costs vary, and a listing can be found at **www.enfancefamille.org** or **www.camps.qc.ca**. School boards may also offer summer camps for a reduced cost. Check with your daycare for more information.



Employment and Training Services of the First Nations Communities of Quebec

Here is the list of local First Nations Commission and Human Development Centre of Quebec. For persons of the Inuit nation, they have to communicate with the Kativik School Board or dial the (819) 964-2961.

CHRD Chisasibi

Telephone: (819) 855-2675

CHRD Eastmain

Telephone: (819) 977-2501

CHRD Mistissini

Telephone: (418) 923-2525

CHRD Nemaska

Telephone: (819) 673-2001

CHRD Ouje-Bougoumou

Telephone: (418) 745-2070

CHRD Waskaganish

Telephone: (819) 895-8501

CHRD Waswanipi

Telephone: (819) 753-2025

CHRD Wemindji

Telephone: (819) 978-3101

CHRD Whapmagoostui

Telephone: (819) 929-3959

LFNC Abitibiwinni

Telephone: (819) 732-6591 x 2224

LFNC Eagle Village

Telephone: (819) 627-1980

LFNC Ekuanitshit

Telephone: (418) 949-2234

LFNC Essipit

Telephone: (418) 233-2509 x 284

LFNC Gesgapegiag

Telephone: (418) 759-3441

LFNC Gespeg

Telephone: (418) 368-6005

LFNC Huron-Wendat

Telephone: (418) 842-1026 x 300

LFNC Kahnawake

Telephone: (450) 638-4280

LFNC Kanesatake

Telephone: (450) 479-1100 x 301

LFNC Kawawachikamach

Telephone: (418) 585-3082

LFNC Kitcisakik

Telephone: (819) 736-3001

LFNC Kitigan Zibi Anishinabeg

Telephone: (819) 449-5170

LFNC Lac Simon

Telephone: (819) 736-2125

LFNC Listuguj

Telephone: (418) 788-1347

LFNC Long Point

Telephone: (819) 722-2441 x 241

LFNC Maliseet

Telephone: (418) 867-4618

LFNC Manawan

Telephone: (819) 971-8813 x 224

LFNC Mashteuiatsh

Telephone: (418) 275-5386 x 260

LFNC Matimekosk – Lac John

Telephone: (418) 585-2601 x 237



LFNC Natashquan

Telephone: (418) 726-3567

LFNC Odanak

Telephone: (450) 568-2810

LFNC Opitciwan

Telephone: (819) 974-8837 x 2313

LFNC Pakua Shipu

Telephone: (418) 947-2253 or 2254

LFNC Pessamit

Telephone: (418) 567-4741

LFNC Uashat Mak Mani

Uténam

Telephone: (418) 962-0327 x 5224

LFNC Unamen Shipu

Telephone: (418) 229-2004 x 231

LFNC Wemotaci

Telephone: (819) 666-2237 x 1716
or x 1712

LFNC Wolf Lake First Nation

Telephone: (819) 627-3628

LFNC Wôlinak

Telephone: (819) 294-6696

TRAINING AND EDUCATION RESOURCES

Information and resources for returning to school

Here is a check list to help guide you through the process of enrolling in school:

- Choose a program of study (consult a guidance counsellor, do a web search or visit the school)
- Pick a school that feels right for you
- Inquire about admission requirements
- Know the application and registration deadlines
- Ask about required documents (birth certificate, previous school transcripts, etc.)
- Be aware of application and registration fees
- Seek financial assistance
- Look into all possible housing options (school dormitories, student housing, apartment)
- Note the start and end dates of your program

In this section, you will find a list of all the French and English school boards, Adult Education Centres (AEC), Vocational Training Centers (VTC), Colleges and Universities in the Montreal area.

School Boards (Adult Education Centres and Vocational Training Centres)

COMMISSION SCOLAIRE DE LA POINTE-DE-L'ÎLE

550 53rd Avenue
Montreal, Quebec H1A 2T7
Telephone: (514) 642-9520
www.csqi.qc.ca

CEA Ferland

8755 Belcourt Street
Telephone: (514) 323-3155
www.csqi.qc.ca/far-ferland

CEA Louis-Fr chet te

5009 des Ardennes Street
Telephone: (514) 328-3588
www.csqi.qc.ca/centre-louis-frchet te

CEA Paul-Gratton

11865 Demontigny Street
Telephone: (514) 645-4538
www.csqi.qc.ca/cpg

Centre Anjou

5515 de l'Ar na Street Avenue
Telephone: (514) 354-0120
www.csqi.qc.ca/centre-anjou

Centre Antoine-de-Saint-Exup ry

8585 Pr -Laurin Street
Telephone: (514) 325-0201
www.csqi.qc.ca/centre-st-exupery



Centre Calixa-Lavallée*

4555 Amos Street
Telephone: (514) 955-4555
www.csqi.qc.ca/calixa-lavallee

*Includes the École hôtelière de Montréal & the École d'infographie et d'imprimerie de Montréal.

Centre Daniel-Johnson

1100 Du Tricentenaire Blvd.
Telephone: (514) 642-0245
www.csqi.qc.ca/cdj

Centre de formation des métiers de Pacier

9200 De l'Innovation Street
Telephone: (514) 353-0801
www.csqi.qc.ca/cfma

Centre Eusèbe-Gagnon – SARCA

1680, 8th Avenue
Telephone : (514) 789-2953

Centre Amos

10748 St-Vital Street
Telephone: (514)328-3272
www.csqi.qc.ca/far-amos

La Relance

7741 Du Ronceray Avenue
Telephone: (514) 354-0287
www.csqi.qc.ca/far-relance

COMMISSION SCOLAIRE DE MONTRÉAL

3737 Sherbrooke Street East
Montreal, Quebec H1X 3B3
Telephone: (514) 596-6000
www.csdm.qc.ca

CEA Champagnat

5017 Saint-Hubert Street
Montreal, Quebec H2J 2X9
Telephone: (514) 350-8800
centre-champagnat.csdm.ca

CEA Gabrielle-Roy

8699 Saint-Michel Blvd.
Montreal, Quebec H1Z 3G1
Telephone: (514) 596-4455
centre-gabrielle-roy.csdm.ca

CEA Gédéon-Ouimet

1960 Poupart Street
Montreal, Quebec H2K 3H2
Telephone: (514) 596-4514
centre-gedeon-ouimet.csdm.ca

CEA Hochelaga-Maisonneuve

2500 Theodore Street
Montreal, Quebec H1V 3C6
Telephone: (514) 596-7441
centre-tetreaultville.csdm.ca

CEA Lartigue

2217 Papineau Street
Montreal, Quebec H2K 4J5
Telephone: (514) 596-4433
centre-lartigue.csdm.ca

CEA Pauline-Julien

6830 Côtes-des-Neiges
Montreal, Quebec H3S 2A8
Telephone: (514) 736-8105
centre-pauline-julien.csdm.ca

CEA Saint-Louis

38 4285 Drolet Street, 3rd Floor
Montreal, Quebec H2W 2L7
Telephone: (514) 596-5800
centre-st-louis.csdm.ca

CEA Saint-Paul

4976 Notre-Dame Street West
Montreal, Quebec H4C 1S8
Telephone: (514) 596-4544
centre-st-paul.csdm.ca

CEA Sainte-Croix

85 Jarry Street West
Montreal, Quebec H2P 1S6
Telephone: (514) 596-4381
centre-ste-croix.csdm.ca

CEA Yves-Thériault

3925 Villeray Street East
Montreal, Quebec H2A 1H1
Telephone: (514) 596-7110
centre-yves-theriault.csdm.ca

École Eulalie-Durocher

2455 Letourneux Avenue
Montreal, Quebec H1V 2N9
Telephone: (514) 596-4949
eulalie-durocher.csdm.ca

École Marie-Anne

100 Sauvé Street East
Montreal, Quebec H3L 1H1
Telephone: (514) 596-5460
marie-anne.csdm.ca

Centre de ressources éducatives et pédagogiques (CREP)

3000 Beaubien Street East
Montreal, Quebec H1Y 1H2
Telephone: (514) 596-4567
centre-ressources-educatives.csdm.ca

Centre Marie-Médiatrice

6200 des Écores Street
Montreal, Quebec H2G 2J5
Telephone: (514) 596-5150
centre-marie-mediatrice.csdm.ca

Centre Tétréaultville

8300 de Teck Street
Montreal, Quebec H1L 1H4
Telephone: (514) 596-5222
centre-tetreaultville.csdm.ca

Centre William-Hingston

419 Saint-Roch Street
Montreal, Quebec H3N 1K2
Telephone: (514) 596-4700
centre-william-hingston.csdm.ca

École des métiers de l'aérospatiale de Montréal

5300 Chauveau Street
Montreal, Quebec H1N 3V7
Telephone: (514) 596-2376
ecole-metiers-aerospatiale.csdm.ca

École des métiers de l'équipement motorisé de Montréal

5455 Saint-Denis Street
Montreal, Quebec H2J 4B7
Telephone: (514) 596-5855
ecole-metiers-motorise.csdm.ca

École des métiers de l'horticulture de Montréal

2185 Ontario Street East
Montreal, Quebec H2K 1V7
Telephone: (514) 596-4600
ecole-metiers-horticulture.csdm.ca

École des métiers de l'informatique, du commerce et de l'administration de Montréal

3955 de Bellechasse Street
Montreal, Quebec H1X 1J6
Telephone: (514) 596-4150
emica.csdm.ca

École des métiers de la construction de Montréal

5205 Parthenais Street
Montreal, Quebec H2H 2H4
Telephone: (514) 596-4590
ecole-metiers-construction.csdm.ca

École des métiers des Faubourgs- de-Montréal

2000 Parthenais Street
Montreal, Quebec H2K 1V7
Telephone: (514) 596-4600
ecole-metiers-faubourgs.csdm.ca

École des métiers du meuble de Montréal

6028 Marquette Street
Montreal, Quebec H2G 2Y2
Telephone: (514) 596-7919
ecole-metiers-meuble.csdm.ca

École des métiers du Sud-Ouest-de-Montréal

717 Saint-Ferdinand Street
Montreal, Quebec H4C 3L7
Telephone: (514) 596-5960
ecole-metiers-sud-ouest.csdm.ca

École des métiers de la restauration et du tourisme de Montréal

1822 de Maisonneuve Blvd. West
Montreal, Quebec H3H 1J8
Telephone: (514) 350-8049
ecole-metiers-restauration-tourisme.csdm.ca

Services d'accueil, de référence, de conseil et d'accompagnement (SARCA)

5017 Saint-Hubert
Montreal (Quebec) H2J 2X9
Telephone: (514) 350-8800
<http://csdm.ca/education-adultes/retour-aux-etudes/>

Service d'évaluation et de reconnaissance des acquis et des compétences de l'Île de Montréal (SERACIM)

4555 d'Amos Street
Montreal (Quebec) H1H 1P9
Telephone: (514) 687-3888
<http://agence.santemontreal.qc.ca/partenaires/secteur-de-leducation>

COMMISSION SCOLAIRE MARGUERITE-BOURGEOYS

1100 Côte-Vertu Blvd.
Saint-Laurent, Quebec H4L 4V1
Telephone : (514) 855-4500
www.csmb.qc.ca

CEA Champlain

1201 Argyle Street
Verdun, Quebec H4H 1V4
Telephone: (514) 765-7686

CEA Jeanne-Sauvé

305 Mimosa Avenue
Dorval, Quebec H9S 3K5
Telephone: (514) 855-4195

CEA de LaSalle

<http://www.cea-lasalle.ca/>

Édifice LaSalle

8825, rue Centrale
LaSalle (Quebec) H8P 1P3
Telephone: (514) 595-2047

Édifice Clément

9569, rue Jean-Milot
LaSalle (Quebec) H8R 1X8
Telephone: (514) 595-2041

CEA Outremont

500 Dollard Blvd.
Outremont, Quebec H2V 3G2
Telephone: (514) 273-3353

Centre de formation professionnelle de l'Ouest-de-Montréal*

3200 Côte-Vertu Blvd.
Telephone: (514) 855-2273
* Includes: Édifice Kirkland & Édifice Saint-Laurent
www.apprendre-un-metier.ca/cfpom/

**Centre de formation
professionnelle de Lachine***

46, 16th Avenue

Telephone: (514) 855-4189

* Includes: Édifice Dalbé-Viau &
Édifice de la Rive

www.apprendre-un-metier.ca

**Centre de formation
professionnelle de Verdun**

3010 Gaétan-Laberge Blvd.

Telephone: (514) 765-7683

www.cfpverdun.com

**Centre de formation
professionnelle Léonard-De
Vinci**

2405 Thimens Street

Telephone: (514) 332-7934

www2.csmb.qc.ca/cfpldv

**Centre intégré de mécanique,
de métallurgie et d'électricité
(CIMME)**

1100 Ducas Street

Telephone: (514) 364-5300

www.cimme.ca

**Collège d'informatique et
d'administration Verdun-
LaSalle (CIAVL)**

1240 Moffat Street

Telephone: (514) 761-8022

[www.apprendre-un-metier.ca/
cia-verdun/](http://www.apprendre-un-metier.ca/cia-verdun/)

**ENGLISH MONTREAL
SCHOOL BOARD**

6000 Fielding Avenue

Montreal, Quebec H3X 1T4

Telephone: (514) 483-7200

www.emsb.qc.ca

Curtis George Campus

10909 Gariépy Street

Telephone: (514) 376-4976

www.rosemount-technology.qc.ca

Galileo Adult Education Centre

10921 Gariépy Street

Montreal North, Quebec H1H 4C6

Telephone: (514)721-0120

**High School of Montreal Adult
Education Centre**

3711 de Bullion Street

Telephone: (514) 788-5937

**James Lyng Adult Education
Centre**

5440 Notre-Dame Street West

Telephone: (514) 846-8814

**John F. Kennedy Business
Centre**

3030 Villeray Street

Telephone: (514) 374-2888

www.jfkbc.ca

**Laurier Macdonald Vocational
Centre**

5025 Jean-Talon Street East

Telephone: (514) 374-4278

www.emsb.qc.ca/lauriercareer/

**Marymount Adult Education
Centre**

5785 Parkhaven Avenue

Cote-St-Luc, Quebec H4W 1X8

Telephone: (514) 488-8203

[www.emsb.qc.ca/
marymountadult/](http://www.emsb.qc.ca/marymountadult/)

Rosemount Technology Centre

3737 Beaubien Street East

Montreal, Quebec H1X 1H2

Telephone: (514) 376-4724

www.rosemount-technology.qc.ca

**Saint-Laurent Adult Education
Centre**

2405 Place Lafortune West

Telephone: (514) 337-3856

Shadd Business Centre

1000 Old Orchard Avenue
Telephone: (514) 484-0485
www.shadd.com

St. Pius X Adult Centre

9955 Papineau Street
Montreal, Quebec H2B 1Z9
Telephone: (514) 381-5440
www.emsb.qc.ca/stpiusX/

St. Pius X Culinary Institute

9955 Papineau Street
Telephone: (514) 381-5440
www.emsb.qc.ca/stpiusculinary/

Welcome and Referral

Adult Education and Vocational
Training Services
Telephone: (514) 488-4636

LESTER-B.-PEARSON SCHOOL BOARD

1925 Brookdale Avenue
Dorval, Quebec H9P 2Y7
Telephone: (514) 422-3000
www.pearsonskills.com

Gordon Robertson Beauty Academy

240 Beaurepaire Drive
Beaconsfield, Quebec H9W 6G4
Telephone: (514) 426-5096
grc.lbpsb.qc.ca

Pearson Adult Education Centre

8300 George Street
LaSalle, Quebec H8P 1E5
paccadult.lbpsb.qc.ca
Telephone: (514) 798-5588

Pearson Career Centre

8310 George Street
LaSalle, Quebec H8P 1E5
Telephone: (514) 363-6213
paccvoc.lbpsb.qc.ca

Pearson Electrotechnology Centre

5000 René-Huguet Street
Lachine, Quebec H8T 1M7
Telephone: (514) 798-1818
pec.lbpsb.qc.ca

Place Cartier Adult Education Centre

257 Beaconsfield Blvd.
Beaconsfield, Quebec H9W 4A5
Telephone: (514) 694-8500
placecartier.lbpsb.qc.ca/

Welcoming Agency for Adult and Vocational Education (W.A.A.V.E.)

8310 George Street
LaSalle, Quebec H8P 1E5
Telephone: (514) 732-7766
waave.lbpsb.qc.ca

West Island Career Centre

13700 Pierrefonds Blvd.
Pierrefonds, Quebec H9A 1A7
Telephone: (514) 620-0707
wicc.lbpsb.qc.ca

Collegial Studies

Backtocegep.com is the website you should consult first if you are planning to go to CEGEP. You will find useful information that will help you plan a successful return to school. You will learn about all the 48 public CEGEPs in the province and the programs they offer. The following list are Colleges located in and around Montreal.

CEGEP Ahuntsic

9155 Saint-Hubert Street
Montreal, Quebec H2M 1Y8
Telephone: (514) 389-5921
www.collegeahuntsic.qc.ca

CEGEP André Laurendeau

1111 Lapierre Street
Lasalle, Quebec H8N 2J4
Telephone: (514) 364-3320
www.claurendeau.qc.ca

CEGEP Bois-de-Boulogne

10555 de Bois-de-Boulogne Avenue
Montreal, Quebec H4N 1L4
Telephone: (514) 332-3000
www.bdeb.qc.ca

CEGEP de Maisonneuve

3800 Sherbrooke Street East
Montreal, Quebec H1X 2A2
Telephone: (514) 254.7131
www.cmaisonneuve.qc.ca

CEGEP de St-Laurent

625 Sainte-Croix Avenue
Montreal, Quebec H4L 3X7
Telephone: (514) 747-6521
www.cegepsl.qc.ca

CEGEP du Vieux Montreal

255 Ontario Street East
Montreal, Quebec H2X 1X6
Telephone: (514) 982-3437
www.cvm.qc.ca

CEGEP Édouard Montpetit

945 de Chambly Road
Longueuil, Quebec J4H 3M6
Telephone: (450) 679-2631
www.college-em.qc.ca

CEGEP Gérald-Godin

15615 Gouin Blvd. West
Sainte-Geneviève, Quebec
H9H 5K8
Telephone: (514)626-2666
www.college-gerald-godin.qc.ca

CEGEP Marie-Victorin

7000 Marie-Victorin Street
Montreal, Quebec H1G 2J6
Telephone: (514) 325-0150
www.collegemv.qc.ca

CEGEP Montmorency

475 de l'Avenir Blvd.
Laval, Quebec H7N 5H9
Telephone: (450) 975-6100
www.cmontmorency.qc.ca

CEGEP Rosemont

6400 16th Avenue
Montreal, Quebec H1X 2S9
Telephone: (514) 376-1620
www.crosemont.qc.ca

CEGEP St-Jean-sur-Richelieu

30 Du Séminaire Blvd. North
St-Jean-sur-Richelieu (Québec)
J3B 5J4
Telephone : (450) 347-5301
www.cstjean.qc.ca

Champlain Regional College

900 Riverside Drive
St-Lambert, Quebec J4P 3P2
Telephone: (450) 672-7360
www.champlainonline.com

College Lionel Groulx

100 Duquet Street
Ste-Thérèse (Quebec) J7E 3G8
Telephone: (450) 430-3120
www.clg.qc.ca

Dawson College

3040 Sherbrooke Street West
Westmount, Quebec H3Z 1A4
Telephone: (514) 931-8731
www.dawsoncollege.qc.ca



Kiuna Institution

1205 Marie-Victorin Street
Odanak (Quebec)
Toll free: 1-855-899-7503
www.ippn-fnpi.com/

John Abbott College

21 275 Lakeshore Road
Sainte-Anne-de-Bellevue
Quebec H9X 3L9
Telephone: (514) 457-6610
www.johnabbott.qc.ca

Vanier College

821 Saint-Croix Avenue
Montreal, Quebec H4L 3X9
Telephone: (514) 744-7500
www.vaniercollege.qc.ca

University Studies

To learn more about the programs or services offered to Aboriginal students in Canadian, Quebec, or Montreal universities, you can use the AUCC search engine or refer directly to the “Quebec” section:

<http://www.etudesuniversitaires.ca/etudiants-autochtones/>

Concordia University

1455 De Maisonneuve Blvd. West
Montreal, Quebec H3G 1M8
Telephone: (514) 848-2424
www.concordia.ca

McGill University

845 Sherbrooke Street West
Montreal, Quebec H3A 0G4
Telephone: (514) 398-4455
www.mcgill.ca

Université de Montréal

Suite 320 (3rd floor)
3744 Jean-Brillant Street
Montreal, Quebec H3C 3T5
Telephone: (514) 343-6111
Toll-free: 1-800-363-8876
www.umontreal.ca

Université de Sherbrooke-Longueuil Campus

150 Place-Charles Le Moyne
Office 200
Longueuil, Quebec J4K 0A8
Telephone: (450) 463-1835
Toll-free: 1-888-463-1835
www.usherbrooke.ca/longueuil/

Université du Québec à Montréal (UQAM)

Local J-M320 (pavillon Judith-Jasmin)
405 Sainte-Catherine Street East
Montreal, Quebec H2L 2C4
Telephone: (514) 987-3000
www.uqam.ca



Financial Assistance Information

Each funding program has specific requirements, deadlines and criteria's. Following documents may be required when applying for financial assistance (these may vary according to the situation and program).

- ✓ Proof of residence
- ✓ Driver's license
- ✓ Name of training program
- ✓ Location and contact information of the training
- ✓ Registration fees
- ✓ Cost of material and equipment
- ✓ Forms to be completed and signed
- ✓ Birth certificate
- ✓ Latest report card
- ✓ Letter of intent

For more information about financial assistance, you can call the following organizations to see your options for your return to school or for your job integration plans:

First Nations Human Resources Development Commission of Quebec – Urban Strategy

First Nations Human Resources Development Services of Montreal Offer employment and Training services and programs to First Nations, Inuit and Métis urban community members to assist and support their labor market integration.

Telephone: (514) 283-0901
www.employnations.com

Education sector – Community Band Office

Each community has an Education agent who delivers services and program for postsecondary student. Contact your agent or employment counsellor to see if you are eligible for funding. Consult the following web site to find your community information.

cippn-fnpim.aadnc-aands.gc.ca/

Emploi-Québec

You must meet with an agent and have prior authorization before enrolling in a program within your local employment centre of your area.

Telephone : (514) 725-5221 or
1 (877) 767-8773

www.mess.gouv.qc.ca
www.emploi.quebec.gouv.qc.ca

Ministère de l'éducation et de Loisirs du Québec - Loans and scholarships

Telephone: 1-888-345-4505
www.afe.gouv.qc.ca

EMPLOYMENT AND JOB SEARCH

Service Canada Centres

To obtain an employment, you must have a Social Insurance Number. To apply for a social insurance card and/or to apply for employment insurance, you must visit one of the following **Service Canada** Centres:

Montreal (Downtown) - Service Centre Canada

Complexe Guy-Favreau, suite 034
200, boulevard Rene-Levesque
West
Montreal (Quebec) H2Z 1X4

Verdun - Service Centre Canada

4110 Wellington Street, 2nd floor
Montreal (Quebec) H4G 1V7

Park-Extension (Montréal) - Service Centre Canada

540 Beaumont Avenue
Montreal (Quebec) H3N 1T7

Cote-des-Neiges - N.-D.-G. (Montreal) - Service Centre Canada

5160 Decarie Blvd., suite 700
Cote-Saint-Luc (Quebec) H3X 2H9

Lasalle (Montreal) - Service Centre Canada

7655 Newman Boulevard
Montreal (Quebec) H8N 1X7

Saint-Leonard (Montreal) - Service Centre Canada

6020 Jean-Talon Street East
suite 500
Montreal (Quebec) H1S 3B1

Pointe-aux-Trembles (Montréal) - Service Centre Canada

13313 Sherbrooke Street East
Montreal (Quebec) H1A 1C2

Employment Insurance:

Toll-free: 1-800-808-6352
TÉLÉDEC : 1-800-531-7555
ATS : 1-800-529-3742

How to build your CV

When you are looking for a job, make sure that you have the right tools in hand. Ask your local Aboriginal employment counselor to help you build your CV/resume, cover letter and to prepare for an interview. Discuss with him the best ways to find and obtain employment that you will like.

Your CV/resume must include:

- Basic contact information (name, address, phone number and e-mail address)
- Career objectives (goal and job wanted)
- Education & Training (reverse chronological order: level, location and date)
- Work experience (reverse chronological order: year, company name, job title and major responsibilities)
- Skills (example: languages spoken/written, computer knowledge, etc.)
- References available upon request (at bottom of page)



Make sure your CV/resume is:

- 2 pages maximum (8.5" X 11" white paper)
- Accompanied by a cover letter
- Clear, concise and accurate
- Pertinent to job posting

Your CV/resume should NOT have:

- Lies or exaggerations
- Personal information (age/civil status/religion)
- Social Insurance Number
- The word "Curriculum Vitae" written on top of page
- Color, images or pictures
- Mistakes or grammatical errors (proofread before sending)

How to write a cover letter

- The purpose of a cover letter is to present your intentions, interest, experience and skills related to the job you are applying to.
- For the subject line, you should mention the position & job number; include this information on the envelope as well
- The body of letter should be one page with three paragraphs:
 - 1st paragraph: Purpose of the letter and add three sentences on skills.
 - 2nd paragraph: Mention how your own work experience relates to the position. You can also indicate your nation and the name of your community of origin in this section.
 - 3rd paragraph: Include a salutation and your availability.

- Your CV should be stapled together and the cover letter attached with a paper clip.
- The letter should be folded in three and placed in a small envelope.
- You should keep a copy of your CV and cover letter as an electronic version to be sent by email.

Follow-up to sending CV

- Communicate the employer one or two weeks after sending your CV to follow up and ask if he received your application.
- Always speak in a professional manner by addressing the employer as Mr. or Mrs. and using the last name only (this demonstrates respect). Example: Good afternoon, Mr. Smith, this is (your name) calling you regarding my application for the position of Secretary. I would like to know if you had a chance to look at my CV that I gave you two weeks ago.
- If screenings are conducted and no contact has been made with you after two weeks, your candidacy was probably not selected. **Don't give up, keep searching!**



How to prepare for an interview

- Before the interview: educate yourself about the organization (the mission statement, objectives, products, values, etc.)
- Carefully study your CV before going to the interview and especially review your experience and skills to see if it matches the requirements.
- Make sure you know where the company or business is located and allow additional time to get there to avoid unforeseen delays such as traffic, etc.
- Always arrive 15 minutes before the scheduled interview.
- Dress professionally, neat and clean (no short skirts or revealing clothes, jeans or t-shirts).
- Make sure to have copies of your reference letters from previous employers.
- Do not bring friends or family members with you.

During the interview

- Greet the interviewer(s) with a firm handshake and eye contact. Smile and pay attention!
- Respond in a precise manner and ask for clarification if you do not understand the question.
- Maintain eye contact with the interviewer(s).
- Sit properly and straight.
- Do not chew gum, do not eat do not drink (unless the interviewer offers you water or coffee; but you should abstain from drinking beverages as you might spill them on your clothes).
- Always ask questions at the end of the interview. This demonstrates your interest in the business and the job you are applying for. Sample questions: Is the job permanent or temporary? What benefits does your business offer for this position? What is a typical day like?
- Make sure that your cell phone is turned off.
- You can provide a list of your references and an up-to-date résumé.
- Always thank the interviewer(s) at the end of the interview. Ask them about the date by which a decision will be made.

Don't give up! Keep searching!



Your Rights at Work

Jobs must comply with several laws, especially the Human Rights Act. If you have problems or questions concerning your rights, there are several organizations that can help you.

In addition, the terms “employment equity” or “equitable access to employment” mean the process that allows establishing equality in all aspects of employment for historically discriminated groups (Aboriginals, visible minorities and ethnic groups, disabled persons and women).

Did you know that many Quebec companies must remove employment obstacles for certain groups, such as Aboriginals? In your job search, why not target those companies? Many employers want a diverse workforce; they would be happy to meet you. For companies that have equal opportunity programs, do not hesitate to identify yourself as Aboriginal!

Rights Defense Groups

Au bas de l'échelle

6839A Drolet Street, suite 305
Montreal, Quebec H2S 2T1
Telephone: (514) 270-7878
Fax: (514) 270-7726
www.aubasdelechelle.ca

Canadian Human Rights Commission

Telephone: (613) 995-1151
Toll free: 1-888-214-1090
www.chrc-ccdp.ca

Commission des droits de la personne et des droits de la jeunesse

Telephone: 514-873-5146
Toll free: 1-800-361-6477
www.cdpedj.qc.ca

Labour Standards

Telephone: (514) 873-7061
www.cnt.gouv.qc.ca

Mouvement action Chômage

6839A Drolet Street
Montreal, Quebec H2S 2T1
Telephone: (514) 271-4099
www.macmtl.qc.ca



Web Sites on Employment – Training – Education

csdm.ca/education-adultes/retour-aux-etudes

jobs-emplois.gc.ca

www.carrieres.gouv.qc.ca

www.cherchetrouve.ca

www.clicfp.qc.ca

www.cspi.qc.ca/reseau

www.emplois.restomontreal.ca

www.employnations.com

www.fondationalphabetisation.org

www.fnyouthnetwork.com

www.headingforsuccess.com

www.inforoutefpt.org

www.jobbank.gc.ca

www.jobboom.com

www.kijiji.ca

www.laval.ca

www.longueuil.ca

www.monemploi.com

www.monster.ca

www.montreal.craigslist.ca

www.srafp.com

www.sram.qc.ca

www.toutpoureussir.com

www.univcan.ca

www.ville.montreal.qc.ca

www.workopolis.com

www.youth.gc.ca

QUÉBEC



THANK YOU TO THE FOLLOWING FUNDING PARTNERS :

Photos: La maison des peuples autochtones, Concordia University, NETWORK, Dolores André



COMMISSION DE
DEVELOPPEMENT DES
RESSOURCES HUMAINES
PREMIÈRES NATIONS
DU QUÉBEC



FIRST NATIONS
HUMAN RESOURCES
DEVELOPMENT COMMISSION
OF QUEBEC



FIRST PEOPLE'S HOUSE
LA MAISON DES PEUPLES AUTOCHTONES



Montréal 



Service
Canada 

The guide is available at the Centre de service urbain de Montréal
1117 Sainte-Catherine Street West, suite 720, Montreal, QC H3B 1H9
Tel. : (514) 283-0901 Toll free : 1-855-483-7142

